

NAME:

MIGRAINE TREATMENT RESPONSE

Tracking Start Date:



List preventive treatment(s):

	Timing of Symptoms 6am noon 6pm	Impact	Symptoms	Rescue Medications
		low med high		
example			ex. headache, nausea, vomiting, light/sound/smell sensitivity, dizziness, imbalance, sinus pain/pressure	ex. sumatriptan, rimegepant, nerivio, lasmiditan, etc.
<b>Week 1</b>				
Sunday				
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
<b>Week 2</b>				
Sunday				
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
<b>Week 3</b>				
Sunday				
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				
<b>Week 4</b>				
Sunday				
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				
Saturday				