MIGRAINE

A complex disease of nerves, blood vessels and immune system, marked by headaches, but, due to dozens of potential genetic errors with the common feature of an overly sensitive nervous system, is associated with a spectrum of different symptoms and related chronic conditions. Changes in hormones, weather, stress, diet and exercise explain variations in symptoms over the course of life.

BRAINSTEM NERVE CENTERS

VESTIBULAR (Balance) & AUDITORY (Hearing)

TRIGEMINAL NERVES

OPHTHALMIC (Vision)

GUSTATORY (Taste) & Olfactory (Smell)

SINUS & NASAL NERVES

* ASK YOURSELF THESE QUESTIONS *

- Does light and sound bother you more when you have a headache?
- Does a headache limit your daily activities?
- Do you feel nauseated when you have a headache?

IF YOU ANSWER "YES" TO AT LEAST 2 OF THESE QUESTIONS YOU PROBABLY HAVE MIGRAINE.

MIGRAINE SYMPTOMS

Brain:
- Head pain
- Vomiting
- Brain fog
- Fatigue
- Inability to speak clearly
- Visual disturbances

Auditory:
- Ear pain
- Noise sensitivity
- Difficulty finding or understanding words
- Tinnitus

Balance:
- Dizziness
- Loss of balance
- Motion intolerance
- Vertigo (spinning)
- Disoriented and rocking

Mid-Facial:
- Nasal congestion
- Runny nose
- Jaw (TMJ) pain
- Tooth pain

Sensory:
- Pain with light touch
- Light sensitivity
- Visual aura
- Dislike of smells and odors
- Phantom smells

Gastrointestinal:
- Nausea
- Vomiting
- Stomach ache

MIGRAINE COMORBIDITIES

Neurological:
- Dizziness
- Depression
- Sleep disorders
- Epilepsy

Cardiovascular:
- Deep vein thrombosis
- Stroke
- Heart attack
- Hypertension
- Erectile dysfunction
- Endocrine dysfunction
- Tinnitus
- Hypothyroidism

Gastrointestinal:
- Nausea
- Vomiting
- Stomach ache

Cystic fibrosis

Cystic fibrosis

Cystic fibrosis

Cystic fibrosis

Cystic fibrosis

Nausea

Vomiting

Stomach ache

Gastrointestinal:
- Nausea
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