



MIGRAINE *Club*



You are not alone.

Connect with others on a similar journey through migraine clubs.

What is a Migraine Club?



Migraine clubs are an opportunity to connect with others in your area to increase awareness, education and funds for migraine.

WHAT A MIGRAINE CLUB CAN DO:

Table at health fairs and school events

Support groups

Fundraisers, big or small

Movie screenings

Educational events with guest speakers

Provide resources to your health center

...and so much more!

START YOUR CLUB at MigraineDisorders.org/start-a-club/